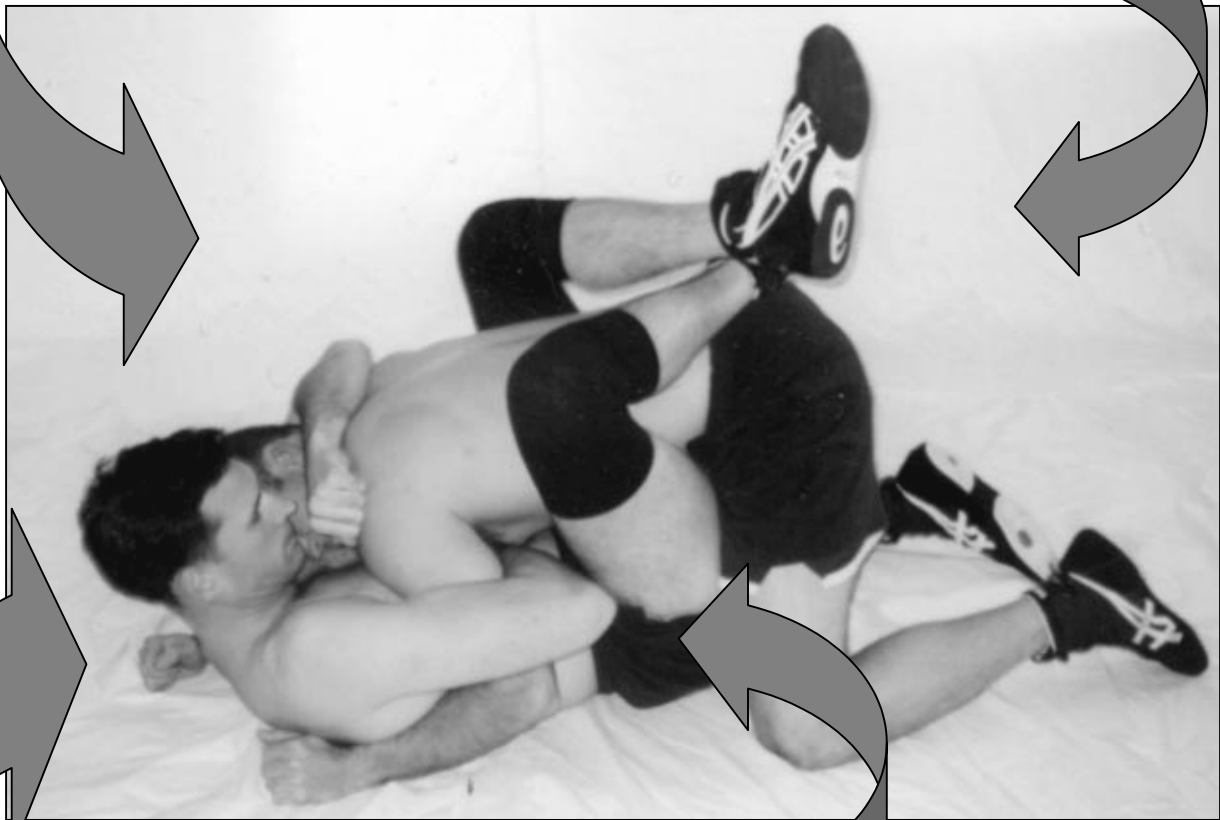

The Closed Guard

Your opponent is pulled forwards into your guard. He has the most options when he can sit back and work on breaking your guard.

Your legs are wrapped tightly around his body and your feet are locked, making it difficult for him to break your guard.



You have an arm hooked under his. This limits his striking ability, keeps him forwards in your guard, and helps set him up for reversals and counter-attacks.

Your head is pressed tightly against his head, limiting his ability to strike your face. Also, you can use an arm to control his head. If you control his head, you control his body.
