

## BOOK REVIEW: Who Do You See in the Mirror?

By Joseph A. Williams, Ph.D.

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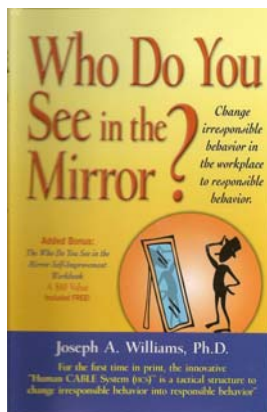
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Reviewed by: John E. Frisby, Col. USAF (Ret.), CEO FCI.

Every once in a while something comes along that is just right for the moment. "Who Do You See in the Mirror" is just such a book. Some have suggested that as many as 85% of those living in the USA believe that we are becoming more a culture of irresponsible behavior than the responsible behavior envisioned by our Founders. Dr. Williams has captured the moment and has developed a simple concept which explains why and what can be done about it. He has created the Human CABLE System (HCS), which can be used as a tool, to reverse this shift toward an irresponsible environment and strengthen responsible behavior. HCS offers a methodology for self understanding and lasting behavior change. The concepts offered are simple and practical yet so profoundly accurate that this book should be mandatory reading for every high school or college student, everyone in the workplace from shipping clerk to CEO, and anyone aspiring to public office.



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